Are you Communicating Safely?

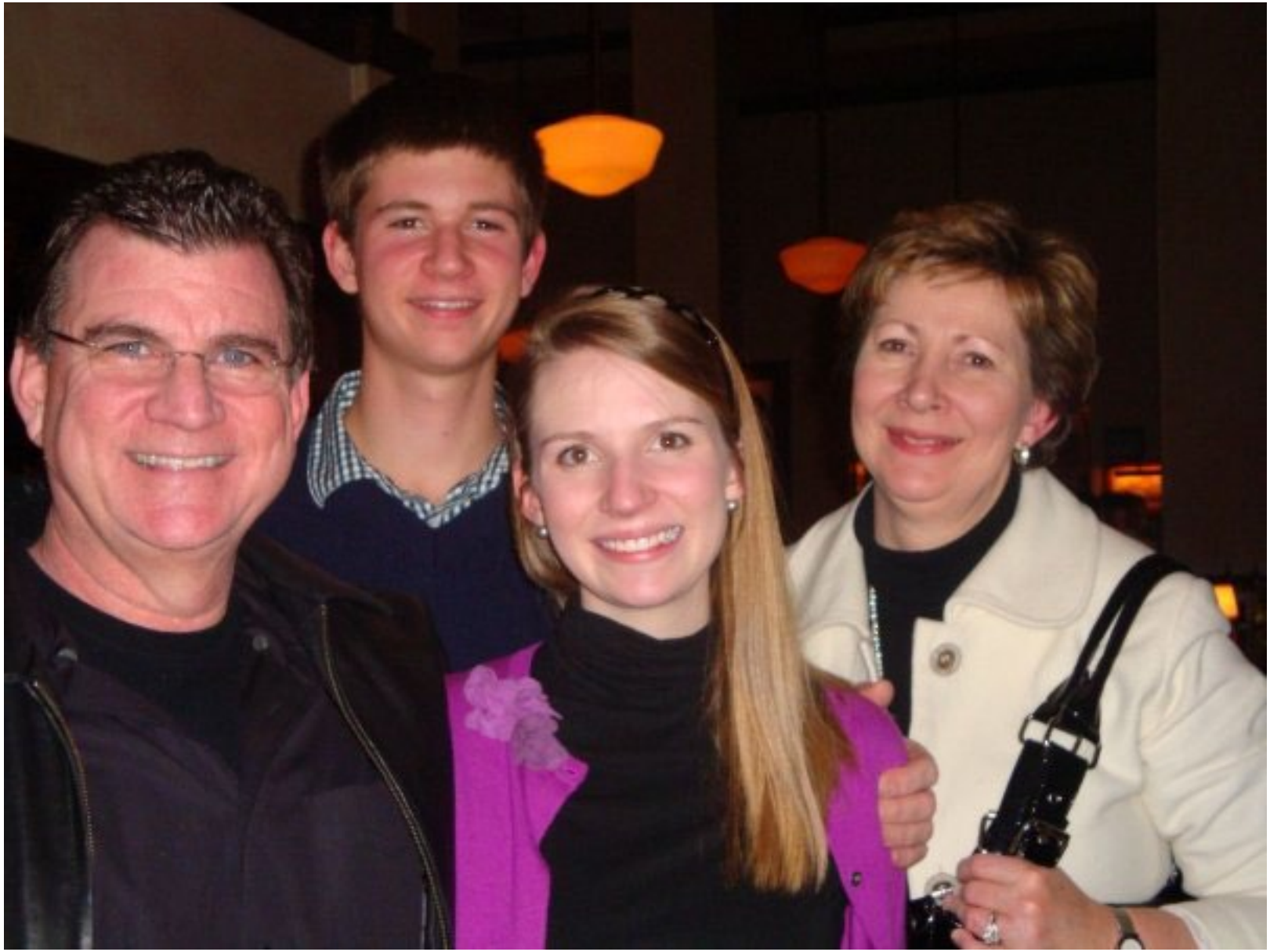
A special Program
Developed for

MISSOURI MINE SAFETY AND HEALTH CONFERENCE

By
Mike Hourigan, President
Hourigan & Associates, Inc.

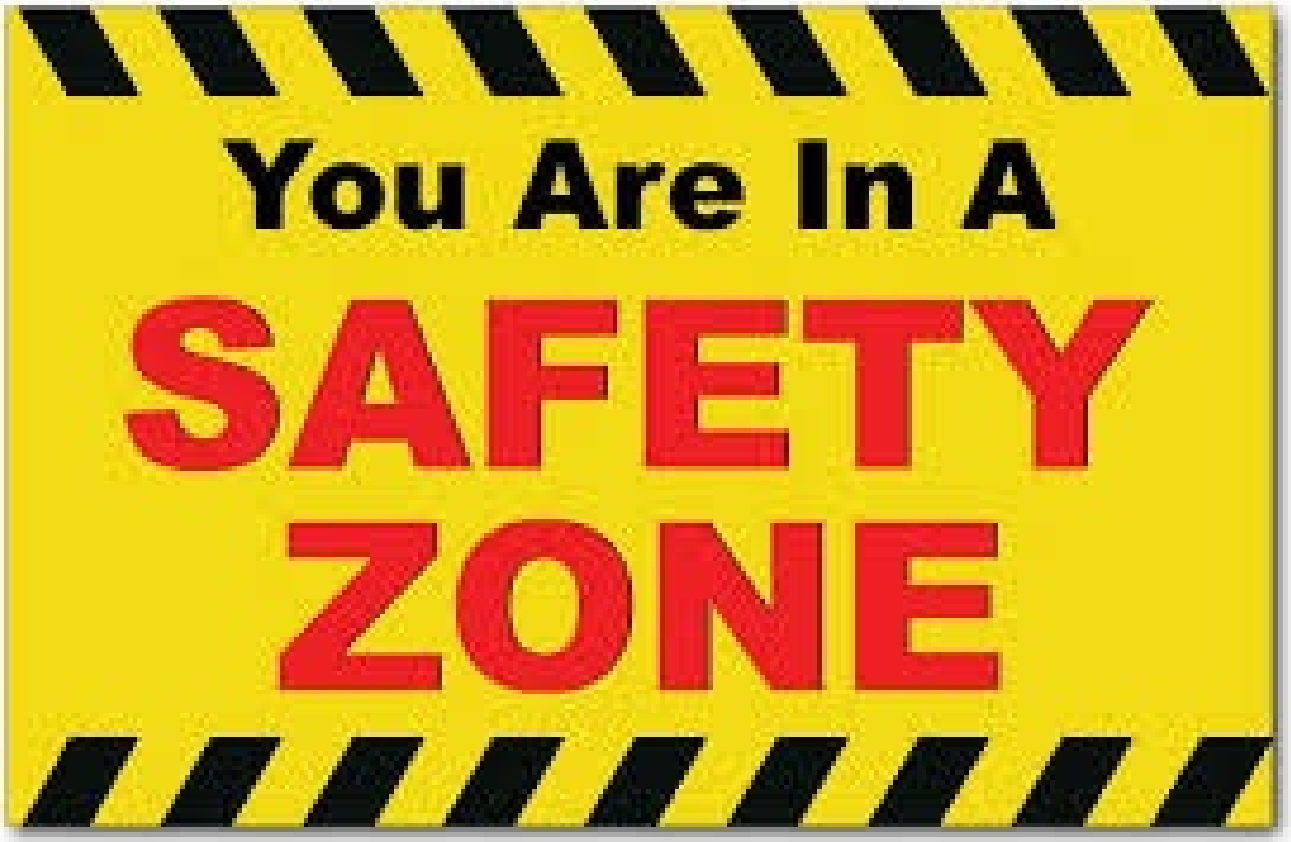
CUSTOM FIT

FEDERAL LAW ENFORCEMENT
TRAINING CENTER



“Don’t take this personally”

“Take this very personally”


You Are In A
SAFETY
ZONE

Job Stress carries a price tag for U.S. industry estimated at over $300 billion annually as a result of:

- Accidents
- Absenteeism
- Employee turnover
- Diminished productivity
- Direct medical, legal, and insurance costs
- Workers' compensation awards as well as tort and FELA judgments

Source: American Institute of Stress

Procedures:

And we comply

With them.

It is not about the procedure -

It is about the people!

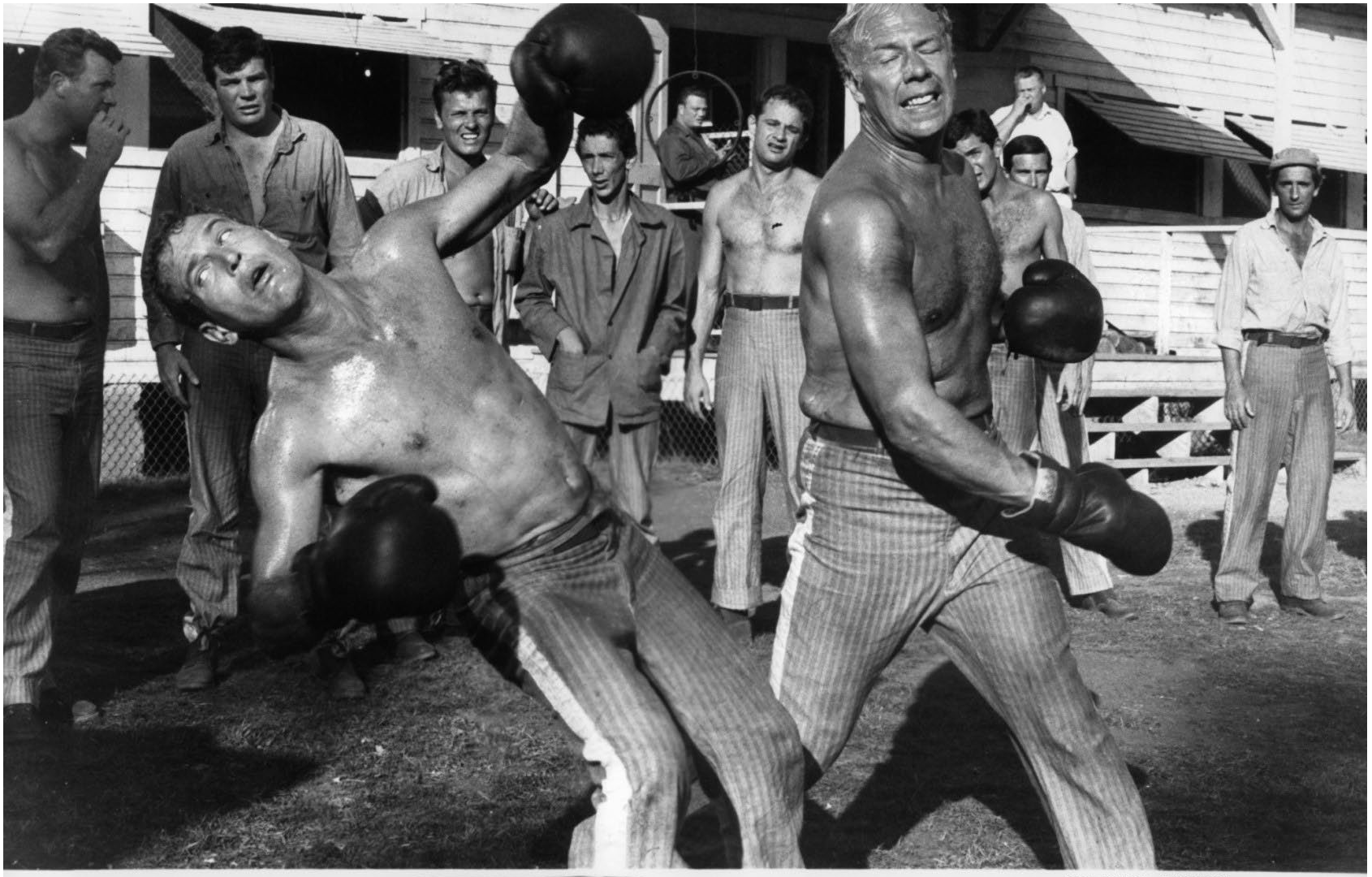
TREE
FALLING
AREA

THERE'S A NEW INJURY EVERY 7 SECONDS

How can you prevent them?

But,

It is not going to happen here!



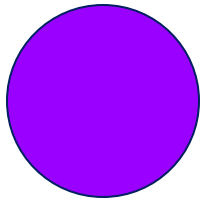
Story-in-Pictures "COOL HAND LUKE" Photo 2 PICTORIAL PARADE

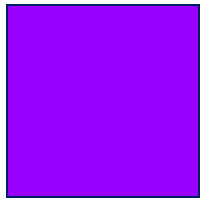
COURAGE TO CARE PLEDGE

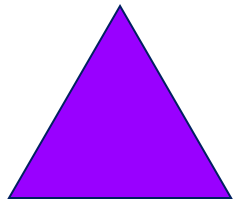
"I have the Courage to Care. This means those I work with will have my back, and I will have theirs. I will shield myself and my team from harm. I will take action to keep them safe, by fixing an unsafe situation, addressing an unsafe behavior, or hitting the stop button. In turn, I will have the courage to accept the same actions from my coworkers, who care enough to correct my path. On my watch, we will all go home safe to our families every day." C

ENVIRONMENTAL AIR SYSTEMS, LLC

Choose a shape







MEDIUM / HIGH /
TRUST

Stop playing-

Gotcha!

Start playing

“I gotcha back”

3 D's of Employee Communication

It will be:

- Discussed
- Dissected
- Digested

PRAISE

Work-Related Road Safety

Three Step Praise Formula:

1. Immediate

2. Repeatable

3. Specific

Preferred Generational Communication

• Silent	Letters
• Baby Boomers	Phone
• Generation X	Email
• Millennials	Instagram or text
• Generation Z	Not invented yet

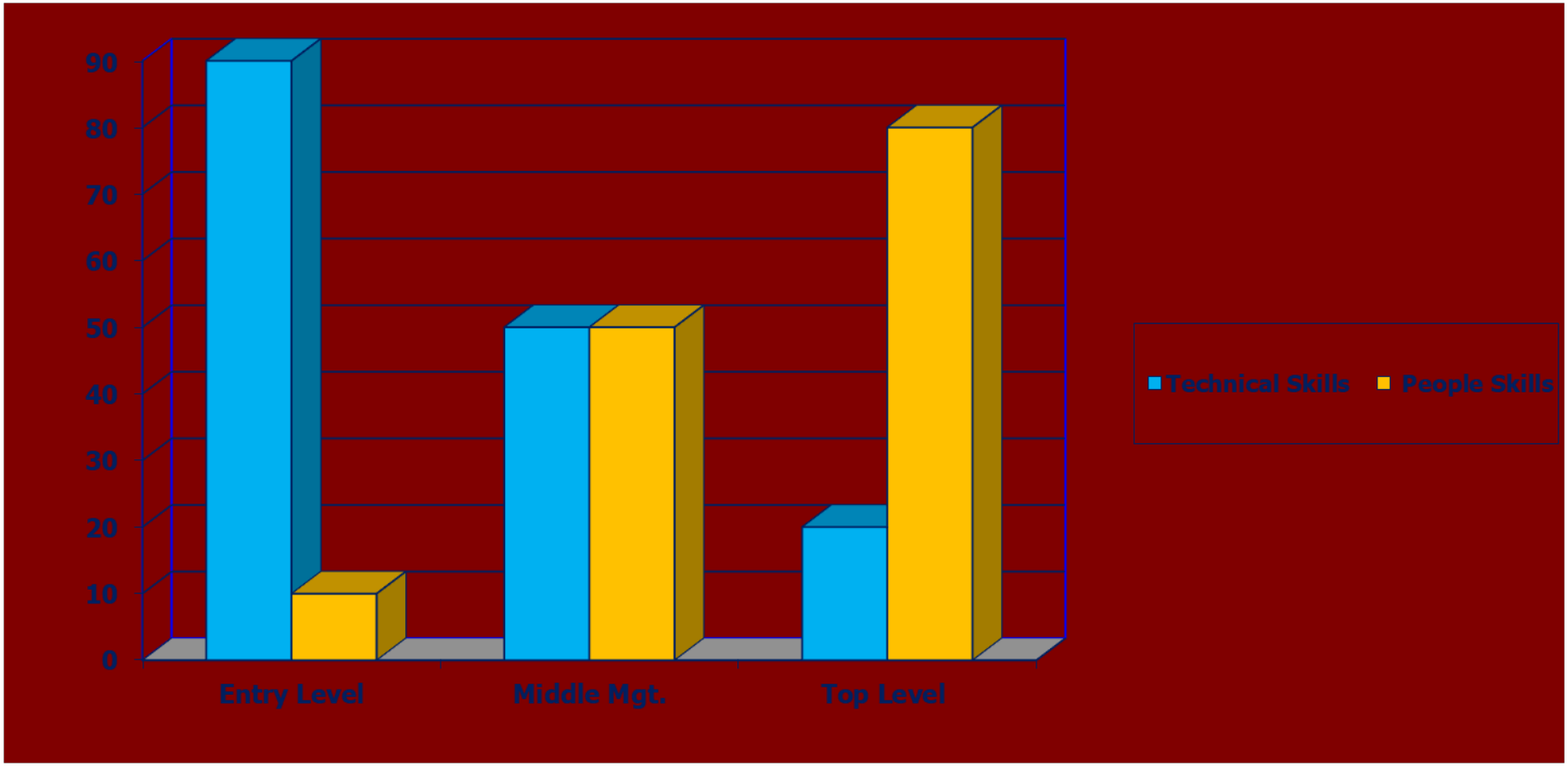
MIKE HOURIGAN

SAFE
ZONE

How to talk to yourself

- I am a unique person.
- I am worthy of respect from myself and others.
- What am I thinking and is it rational?
- I reserve the right to judge my own behavior.

What gets people promoted?



Do Something Presidential

MIKE HOURIGAN

We are in a HURRY for YOU

to

Slowdown

BY

Mike Hourigan

How can I help you?

- Consulting
- Speaking
- Coaching
- Training

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